



BIRTH STORY SHARE CIRCLE

**“ALL STORIES ARE POWERFUL. WE
WOULD LIKE TO HEAR YOURS!”**

Sharing a birth story is a deeply
personal and fulfilling experience.
It helps us make sense of one of the
most transformative moments of our
lives.

**HAVE YOU EVER
GIVEN BIRTH?**

**THIS GROUP IS
FOR YOU!**

**Hosted by Doulas, attended by others
with a shared experience!**

**KINGSTON COMMUNITY
HEALTH CENTRE**

**263 WELLER AVE, KINGSTON
(GSFF ROOM)**



A Great Start for Families
Kahwà:tsire Ronwatiyenawá:se
Centre

Tuesdays from 10am - 12pm

January 13
February 10
March 10
April 14